



Grilled Nectarines with Ricotta Whip

Ingredients (serves 2)

- 2 nectarines
- 100g low fat ricotta cheese
- 1tbsp Philadelphia cream cheese
- 2tsp maple syrup
- 1tsp vanilla essence

Method

- Cut nectarines into thin 2cm slices, place on a grill and cook roughly 2min on each side or until chargrilled marks appear.
- Place ricotta, cream cheese, maple syrup and vanilla in a blender and blend until well combined.
- Place grilled nectarines on a serving plate and drizzle the ricotta mixture over the nectarines.